Heb 4:1-11 ESV

a Therefore, let us fear, while the promise of entering his rest still stands, lest any of you should seem to have **failed to reach it.** 2 For *good news* came to us just as to them, but the message they heard did not benefit them, because **they were not united by faith with those who listened**. 3 For we who have believed enter that rest,

b as he has said, "As I swore in my wrath, 'They shall not enter my [God’s] rest,'"

c although his works were finished from the foundation of the world.

d 4 For he has somewhere spoken of the *seventh day* in this way:

**A**

***e "And God rested***

d’ on the *seventh day*

c’ from all his works."

b’ 5 And again in this passage he said, "They shall not enter my [God’s] rest."

a’ 6 Since therefore it remains for some to enter it, and those who formerly received the *good news* **failed to enter** because of **disobedience**,

**B**  7 again he appoints a certain day, "Today," saying through **DAVID** so long afterward, in the words already quoted,

**C "Today, if you hear his voice, do not harden your hearts."**

**B’** 8 For if **JOSHUA** had given them rest, God would not have spoken of another day later on.

9 So then, there remains a Sabbath **rest** for the people of God,

10 for whoever has entered **God's rest**

has also rested

**A’**

***from his works***

as God did (rested)

from his (God’s works).

11 Let us therefore strive to enter that **rest**, so that no one may fall by the same sort of **disobedience**.